

# 1975 Track & Field Honor Roll (6/3/75)

St. Paul Pioneer Press by Chuck Dixon

(does not include all Regionals, Conferences, or the State Meet)

## 100 Yard Dash

Mark Simunds, Albert Lea :10.0  
Al Sletten, Wells :10.0  
Tony Spinelli, Hibbing :10.0  
Elwin Burdette, Minnetonka :10.1  
Vic Atherton, Rochester JM :10.1  
Lee Dunfee, Austin :10.1  
Terry Thomas, Austin :10.1  
Bob Johnson, Red Wing :10.1  
Terry Lewis, Mpls. North :10.1  
Jeff Faust, Little Falls :10.1  
Dave Dufresne, White Bear Lake :10.1  
Rick Chapman, Elgin-Millville :10.1  
Robert Dibble, Pipestone :10.1  
Greg Kloss, Cambridge :10.1  
Harold Knott, St. Agnes :10.1  
Hal Madison, Mpls. Roosevelt :10.1  
Bob Ryan, Rosemount :10.1  
Rob Rafferty, Mounds View :10.1  
Bryan Stransky, Rosemount :10.1  
Mike Yost, Mounds View :10.1

## 220 Yard Dash

Mark Simunds, Albert Lea :22.0 (s)  
Bryan Stransky, Rosemount :22.0 (s)  
Terry Lewis, Mpls. North :22.1  
Cicero McGee, St. Paul Central :22.2  
Kevin Neve, Austin :22.2  
Rick Kjolsing, Litchfield 22.2 (s)  
(s) run on straight away

## 440 Yard Dash

Mark Simunds, Albert Lea :49.5  
Cicero McGee, St. Paul Central :49.7  
Terry Thomas, Austin :49.8  
Al Hutchinson, Bloomington Jefferson :50.0  
Bill King, White Bear Mariner :50.0  
Dick Glassmaker, Byron :50.1

## 880 Yard Run

Mark St. Aoro, Mounds View 1:55.4  
Kevin Sandberg, Welcome 1:55.6  
Steve Petrie, St. Paul Harding 1:56.0  
Kevin Roth, Cretin 1:56.3  
Tim Cannon, St. Louis Park 1:56.6  
Phil Schuster, St. Paul Murray 1:56.9

## One Mile Run

Tim O'Donnell, Simley 4:14.3  
Larry Berkner, Ely 4:16.1  
Scott Clark, Osseo 4:16.1  
Kurt Roth, Cretin 4:17.4  
Walter Johnson, Mpls. Southwest 4:18.4  
Dan Fjelstad, Albert Lea 4:18.6  
Lane Wieker, Robbinsdale Armstrong 4:18.6

## Two Mile Run

Tom Fagrelus, Mpls. Southwest 9:19.6  
Jim Hannon, St. Paul Highland Park 9:26.6  
Pete Wehrwein, Edina West 9:27.0  
Tim Black, Coon Rapids 9:30.2  
Ron Graham, St. Paul Highland Park 9:32.3  
Lee Kantonen, Cloquet 9:33.0

## 120 Yard High Hurdles

Dave Gaither, Wayzata :14.2  
Larry Leerssen, Coon Rapids :14.2  
John Goedeke, Frank B. Kellogg :14.6  
Dave Knutson, Fergus Falls :14.6  
Don Sponholz, Edina West :14.6  
Tom Tiedman, South St. Paul :14.6

## 180 Yard Low Hurdles

Todd Butterfield, Stillwater :19.6  
Larry Leerssen, Coon Rapids :19.6  
Tom Tiedman, South St. Paul :19.7  
Dave Gaither, Wayzata :19.8  
Don Sponholz, Edina West :19.8  
Dale Kiedrowski, Bloomington Kennedy :19.8  
Dave Knutson, Fergus Falls :19.8  
Tim Peltier, Robbinsdale :19.8

## 330 Yard Intermediate Hurdles

Larry Leerssen, Coon Rapids :38.6  
Tom Boser, South St. Paul :39.9  
Tim Peltier, Robbinsdale :40.0  
Don Sponholz, Edina West :40.0  
Pat Sell, St. Cloud Apollo :40.3  
Todd Butterfield, Stillwater :40.4

## 880 Yard Relay (4x200)

Mounds View 1:30.4  
Austin 1:30.8  
Rosemount 1:30.8  
White Bear Mariner 1:31.2  
Rochester John Marshall 1:31.3  
Owatonna 1:31.4

## Mile Relay (4x440)

Rochester John Marshall 3:24.0  
Austin 3:24.1  
White Bear Mariner 3:24.4  
Rochester Mayo 3:24.4  
Owatonna 3:24.9  
Winona 3:25.6

## Mile Sprint Medley Relay (220,220,440,880)

Mounds View 3:32.0  
Cretin 3:32.8  
Simley 3:33.9  
Rochester John Marshall 3:34.0  
Edina East 3:34.6  
Elk River 3:35.1

## Shot Put

Kent Kitzmann, Rochester JM 60-1.5  
Jim Northenscold, Mankato West 59-4  
Royce Bottin, Jackson 58-6  
Tom Sorenson, Pipestone 57-0  
Doug Nelson, Richfield 56-3.5  
Dick Fish, Duluth Central 55-5.25

## Discus Throw

Phil Verchota, Duluth East 177-0  
Phil Olson, Edina East 172-4  
Kent Kitzmann, Rochester JM 169-9  
Tom Sorenson, Pipestone 164-5  
Steve Bernish, Hill-Murray 161-1  
Doug Dietz, White Bear Lake 159-10

## High Jump

Brian Campbell, White Bear Mariner 6-8  
Gary Keith, Coon Rapids 6-8  
Bruce Beckel, Simley 6-7  
Brian Edwards, Saint Peter 6-7  
Greg Jerve, Glencoe 6-6  
Steve Huff, Columbia Heights 6-5.75  
Dan Kosmoski, Owatonna 6-5.75

## Pole Vault

Steve Jungbauer, Saint Francis 13-8.75  
Rick Nelson, Alexandria 13-7  
Bruce Westby, Henry Sibley 13-7  
Mark Fabry, Rochester JM 13-6.5  
Mark Kiefer, Rochester Mayo 13-6  
Jeff Troeltzsch, Henry Sibley 13-5

## Long Jump

Dave Eiland, Mpls. Roosevelt 23-4.75  
Dave Finnemann, Anoka 22-11.25  
Brian Campbell, White Bear Mariner 22-5  
Bill Prairie, Rosemount 22-3  
Rick Kjolsing, Litchfield 22-2.25  
Duke Lachinski, Spring Lake Park 21-11